

1984 Region 6A Girls Championship at Alexandria on Thursday, May 31

Teams: Staples 77, Bertha-Hewitt-Verndale 74, Sauk Centre 46, Wadena 32, Breckenridge 31, Pillager-Motley 28, Perham 23, Dilworth-Glydon-Felton 22, Henning 16, Pelican Rapids 16, Long Prairie 15, Hawley 14, Morris 14, Barnesville 12, Brandon-Evansville 12, Osakis 11, Parkers Prairie 11, Frazee 9, Pequot Lakes 7, Elbow Lake-Wendell 6, Wheaton 6, Clarissa 5, Pine River 3, Cyrus 2, New York Mills 2, Sebeka 1

100

- 1 Lisa Conzemius, Breck 13.1
- 2 Karen Sahli, Sauk C 13.3

200

- 1 Mary Line, B-H-V 26.4
- 2 Bonnie Steinbach, Wadena 26.9
- 3
- 4
- 5 Chanda Sams, Stap 27.5

400

- 1 Mary Line, B-H-V 58.6 **
- 2 Bonnie Steinbach, Wadena 60.5

800

- 1 Cindt Schmeissing, Sauk C 2:17.2
- 2 Sharon Johnson, Perh 2:22.8
- 3
- 4
- 5
- 6 Linda Bienusa, Stap 2:31.1

1600

- 1 Julie Anderson, P-M 5:16.6
- 2 Ann Kimm, Pel Rpds 5:22.3

3200

- 1 Julie Anderson, P-M 11:33.4 **
- 2 Nicole Scherr, Morris 11:40.1
- 3 Rhonda Reichel, Stap 12:19.8

100 Hurdles (30")

- 1 Tammy Krell, B-H-V 16.0
- 2 Jen Myers, Long Pr 16.3
- 3
- 4 Ramelle Beachy, Stap 16.9

200 Hurdles (30")

- 1 Tammy Krell, B-H-V 31.2
- 2 Ramelle Beachy, Stap 32.4

4x100 Relay

- 1 Staples 50.8 (W Warn, J Droudie, S Sams, T Bates)

4x200 Relay

- 1 Wadena 1:47.2 (D Edinger, V Shreeve, M Beaver, B Steinbach)
- 2 Staples 1:47.5

4x400 Relay

- 1 Bertha-H-V 4:10.8 (M Line, R Wagner, G Bertels, T Krell)
- 2
- 3 Staples 4:18.1

4x800 Relay

- 1 Sauk Centre 9:41.5 (S Miller, A Miller, N Trutna, C Schmeissing)

Shot Put

- 1 Julie Spandl, Stap 37-6
- 2 Lisa Tappe, Fraz 36-6.5

Discus Throw

- 1 Julie Spandl, Stap 123-9 **
- 2 Tammy Lunceford, Oak 110-3
- 3
- 4 Julie Rach, Stap 105-6

Long Jump

- 1 Mary Line, B-H-V 17-8 **
- 2 Diane Kenyon, Henning 17-4.5
- 3 Ramelle Beachy, Stap 16-10

High Jump

- 1 Jen Schmitz, Perh 5-0
- 2 Tammy Krell, B-H-V 5-0

* Ties Meet Record

** New Meet Record

Notes: Staples was coached by Ron Beachy.